

Senior Center Readies for Unearthing of 1995 Time Capsule

In May, a time capsule bearing the hopes and wishes from residents of the time was buried at the Rockville Senior Center, with plans that it would be unearthed in May 2020, 25 years from when it was placed.

"Within the capsule the citizens of Rockville, Maryland, have placed messages and memorabilia for future generations to view," a plaque adorning a stone marking the capsule's location reads today.

The plan is to unearth that capsule at the appointed time. Staff at the Senior Center will need to know which items to return to whom. Envelopes handed out at the time were used to donate items and receipts issued to be redeemed when the capsule was dug up.

If you have a receipt ticket, or believe a loved one may have put something in the capsule for you to retrieve, please contact the Rockville Senior Center at

seniorcenter@rockvillemd.gov or 240-314-8800.

Senior Legislative Forum at the Annapolis Senate Building

Tuesday, January 14, 8am - 1pm
a bus will be provided for those who register and pay online and sign up at the Transportation office. More information to be provided at the Transportation office, 240-314-8810

Staff Chat

Dec. 4, 10-10:30 a.m.

Meet a staff member monthly in the lunch room. First Wednesday of the month.

Senior Center Hours:

Monday-Friday,
8:30 a.m.-5 p.m.

Saturday, 8:30 a.m.-1 p.m.
(Drop-in use only)

Fitness Center Hours:

Monday-Thursday,
7 a.m.-8 p.m.
Friday, 7 a.m.-7 p.m.
Saturday, 7 a.m.-4 p.m.



1150 Carnation Drive
Rockville, MD 20850
240-314-8800

For updates and
information visit our
website:
[www.rockvillemd.gov/
seniorcenter](http://www.rockvillemd.gov/seniorcenter)

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Congrats to Julia Ramos for
winning a silver medal in Soccer
at the Special Olympics this
Fall!

Club Christmas Trees and Staff Snowmen

Stroll through the hallways this December and you'll see Christmas trees decorated by Senior Center clubs. These clubs started in the early years of the center and are still meeting today!

You'll also notice a snowmen contest done by the staff!

Volunteers Needed!

Coupons-Help the staff create a free
coupon book for seniors

Holiday Bazaar- Sat. Dec. 7, 9 a.m.-2 p.m.

Soup and Salads-TBD

See front desk if interested.

Thursday & Friday Movie Matinees at the Senior Center

Dec. 12 & 13, 1-3:05 p.m.

The Art of Racing in the Rain

Denny Swift is a Formula One race car driver who understands that the techniques needed on the race-track can also be used to successfully navigate everyday life. Besides his career, Denny has three loves of his life -- his beautiful wife, their young daughter and his best friend, which is a dog that wants to be reincarnated into a human. **Rated PG** for thematic material.

Dec. 19 & 20, 1-3 p.m.

Elf

Buddy (Will Ferrell) was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, the adult Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs (James Caan), a cynical businessman. After a DNA test proves this, Walter reluctantly attempts to start a relationship with the childlike Buddy with increasingly chaotic results. **Rated PG** for some mild rude humor and language.

Rockville Senior Center Highlights



December 2019

A full list of classes can be found in our seasonal 60+ Recreation Guide. The guide can be found online at www.rockvillemd.gov/seniorcenter, at the Senior Center or any city facility.

All programs are held at the Rockville Senior Center unless otherwise noted

Building & Fitness Room will Close at 5 p.m.

Tues. Dec. 24 and Tues. Dec. 31

Building Closed

Wed. Dec. 25 Christmas

Wed. Jan. 1 New Year's Day

Winter Registration Dates

Senior Center Members: Tues. Dec. 3

Nonmembers: Thurs. Dec. 5

Please renew memberships before registration day.

Painting with Friends- Holiday Style

Mon. Dec. 16, 10:30 a.m.-12:30 p.m.

Winter won't ever look the same again after you paint a snowman on a bowling pin. This fun art project, supervised by Tammy, can be used as a decorative accent to your home or as a doorstop. No painting experience necessary and all supplies provided. \$25 fee payable in cash to the instructor at beginning of class.

11393; \$5/\$7

Red Hat Holiday Luncheon Trip

Wed, Dec 11, 12 pm

Bus leaves from the Glenview for those with confirmed registrations.

Willing 3C's Club Holiday Luncheon

Fri. Dec. 13, 11:30 a.m. in Carnation Room.

Fliers were mailed to all members of the club.

(Happy) Holiday Party!

Tuesday, Dec. 17, 12-2 p.m.

Let's celebrate the holidays together! Please join us for lunch and entertainment to celebrate the season together. Course #12376
\$10 members/\$15 non members

YIH Luncheon & Party

Thurs., Dec. 19, 11 a.m. in the Carnation Room.

Fliers mailed to all member of the Club.

Trip Lottery

Senior Center Members: Jan 9 at 10:30 a.m.

Trips include:

- Happy Hearts Luncheon Wed. Feb. 12
 - Kennedy Center Tour Fri. March 6
 - McFadden Art Glass Thurs. Jan. 30
 - Natural History Museum Thurs. Feb. 27
- Refer to pg. 11 in the 60+ Recreation Guide

8 Week Challenge

Begins Jan. 20 and concludes March 14. Prizes will be awarded to three participants with the greatest number of exercise minutes. There will be a mandatory meeting on Jan. 16 at 1 pm to receive the fitness packet and guidelines for the program. Call 240-314-8822 for more information. Registration is required. *Free to fitness members and fitness class participants.

Course# 12199; Free*

Overnight Trip to Pennsylvania

Tues., May 12-Wed., May 13 2020

- Visit to Longwood Gardens
 - Lodging at the 5 Star Inn of Mendenhall
 - Visit to Kitchen Kettle Village
 - Family style lunch at Hershey Farm Restaurant
 - Show at American Music Theatre - The Best of Britain.
- Registration information available in early January

Reminder for Winter Programs:

When Montgomery County Public Schools (MCPS) are cancelled, all programs are cancelled at the center. When MCPS delays two hours, all morning programs are cancelled until noon, along with lunch and 9 a.m. bus pickup at the center. Call 240-214-8800 for updated information on center closures.