

See next page for the rest of August
and the Labor Day Weekend
Schedule!



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ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850

<http://www.rockvillemd.gov/swimcenter> • (240) 314-8750

2019 Recreational Swim and Fitness Center Schedule Summer II (August 10 - September 2)

Saturday, August 10 and Sunday, August 11

Outdoor Fitness Pool	Saturday: 9:00am to 9:00pm (3 lanes minimum Lap Swim before 12pm / 3 lanes lap swimming + rec swim after 12:00pm)	Sunday: 9:00am to 9:00pm (3 lanes minimum Lap Swim before 12pm / 3 lanes lap swimming + rec swim after 12:00pm)
Outdoor Recreation Pool	12:00pm to 9:00 pm	
Indoor North Pool and Whirlpool	Saturday: 6:00am to 9:00pm (Whirlpool closes at 7:00pm)	Sunday: 9:00am-9:00pm
Indoor South Pool	CLOSED	
Fitness Room	Saturday: 6:00am to 9:00pm	Sunday: 9:00am to 9:00pm

Week 1: Monday, August 12 – Friday, August 16

Outdoor Fitness Pool	6:00am to 9:00pm (3 lanes minimum Lap Swim before 10:30am/ 3 lanes lap swimming + rec swim after 10:30am). Small area for deep water running available Mon-Fri, 9-10am.
Outdoor Recreation Pool	10:30am to 9:00pm
Indoor North Pool and Whirlpool	6:00am to 9:00pm
Indoor South Pool	11:00am to 3:00pm
Fitness Room	6:00am to 9:00pm

Saturday, August 17 and Sunday, August 18

Outdoor Fitness Pool	Saturday: 9:00am to 9:00pm (3 lanes minimum Lap Swim before 12pm / 3 lanes lap swimming + rec swim after 12:00pm)	Sunday: 9:00am to 9:00pm (3 lanes minimum Lap Swim before 12pm / 3 lanes lap swimming + rec swim after 12:00pm)
Outdoor Recreation Pool	12:00pm to 9:00pm	
Indoor North Pool and Whirlpool	Saturday: 6:00am to 9:00pm (Whirlpool closes at 7:00pm)	Sunday: 9:00am-9:00pm
Indoor South Pool	CLOSED	
Fitness Room	Saturday: 6:00am to 9:00pm	Sunday: 9:00am to 9:00pm

Week 2: Monday, August 19 – Friday, August 23

Outdoor Fitness Pool	6:00am to 9:00pm (6:00am-12:00pm - 3 Lanes Minimum Lap Swim ONLY / 12:00pm-9:00pm - 3 lanes lap swimming + rec swim). Small area for deep water running available Mon-Fri, 9-10am.
Outdoor Recreation Pool	12:00pm to 7:00pm
Indoor North Pool and Whirlpool	6:00am to 9:00pm
Indoor South Pool	CLOSED
Fitness Room	6:00am to 9:00pm

Saturday, August 24 and Sunday, August 25

Outdoor Fitness Pool	Saturday: 9:00am to 9:00pm (3 lanes minimum Lap Swim before 12pm / 3 lanes lap swimming + rec swim after 12pm)	Sunday: 9:00am to 9:00pm (3 lanes minimum Lap Swim before 12pm / 3 lanes lap swimming + rec swim after 12pm)
Outdoor Recreation Pool	12:00pm to 9:00 pm	
Indoor North Pool and Whirlpool	Saturday: 6:00am to 9:00pm (Whirlpool closes at 7:00pm)	Sunday: 9:00am-9:00pm
Indoor South Pool	CLOSED	
Fitness Room	Saturday: 6:00am to 9:00pm	Sunday: 9:00am to 9:00pm

Week 3: Monday, August 26 – Friday, August 30

All Indoor Facilities closed on Tues. 8/27

Fitness Members may use the following City of Rockville fitness centers: Thomas Farm Community Center, Lincoln Park Community Center and the Rockville Senior Center (*Seniors only! Must call 240-314-8800 to schedule training prior to first visit!)*

Outdoor Fitness Pool	6:00am to 9:00pm (6:00am-12:00pm - 3 Lanes Minimum Lap Swim ONLY / 12:00pm-4:00pm - 3 lanes lap swimming + rec swim / 4:00pm-6:00pm - 3 Lanes Lap Swim ONLY / 6:00pm-9:00pm - 3 lanes lap swimming + rec swim). Small area for deep water running available Mon-Fri, 9-10am.
Outdoor Recreation Pool	12:00pm – 7:00pm
Indoor North Pool and Whirlpool	CLOSED
Indoor South Pool	8/26, Closed 8/27 , 8/28, 8/29, 8/30: 6:00am – 9:00pm
Fitness Room and Service Desk	CLOSED

***All Indoor Facilities closed on Tues. 8/27**

Labor Day Weekend: Saturday, August 31 through Monday, September 2

Outdoor Fitness Pool	Sat, Sun and Mon: 9:00am to 9:00pm (Lap Swim ONLY before 12pm / 3 lanes lap swimming + rec swim after 12:00pm).	
Outdoor Recreation Pool	12:00 noon to 9:00 pm	
Indoor North Pool and Whirlpool	CLOSED	
Indoor South Pool	Saturday: 6:00am to 9:00pm	Sunday & Monday: 11:00am to 9:00pm
Fitness Room and Service Desk	Saturday: 6:00am to 9:00pm	Sunday & Monday: 9:00am to 9:00pm

Please note: The Post-Summer schedule will begin on September 3rd

Important Note: Due to renovations of the indoor locker rooms and lobby, all customers should enter the facility from the outdoor pool's entrance and use the outdoor pool's bathhouse. The indoor pool's locker rooms are closed for renovations. More details are available at www.rockvillemd.gov/rsfrenovations.