

Chips off the Rock



The Rockville-Montgomery Swim Club

“Perform your best when your best is required. Your best is required everyday.”

Wednesday, March 4, 2020 Our 51st Year

PVS Senior and Junior Champs – This Weekend

March Madness begins this weekend at The U. of MD aquatic center. Three weeks of very fast championship swimming for all groups. This weekend is the PVS Senior and Junior Championships. All swimmers are reminded to arrive for their warmup at least 20 minutes before its scheduled start time. Please make sure you are wearing a white RMSC cap and RMSC attire. Please check with a coach before leaving the meet as to whether you are swimming finals that evening.

Thursday, March 5:

Sr. and Jr. Champs:

Warmups begin at 4:30 pm, first event at 5:40.

Friday-Sunday, March 6-8:

Sr. and Jr. Champs:

Trials warmups begin at 7:00 am, first event at 9:00.

Finals warm up begins at 4:30 pm, first event at 6:00.

Sr. Champs Meet Announcement:

<http://pvswim.org/1920meet/20-73-ma.pdf>

Jr. Champs Meet Announcement:

<http://pvswim.org/1920meet/20-72-ma.pdf>

Parking:

<http://pvswim.org/1920meet/20-73-parking.pdf>

Directions to U. of MD:

<http://pvswim.org/pooldirs.htm#UMD>

Mini Champs

The biggest Mini Meet of the season. It's March Madness for the Mini's. This year's meet will be held at Olney Swim Center. All swimmers are reminded to arrive for their warmup at least 20 minutes before its scheduled start time. Please make sure you are wearing a white RMSC cap and RMSC attire.

Saturday and Sunday, March 7-8:

Girls warm up begins at 8:00 am, first event at 9:10.

Boys warm up begins at 1:30 pm, first event at 2:40.

Meet Announcement:

<http://pvswim.org/1920meet/20-74-ma.pdf>

Directions to Olney:

<http://pvswim.org/pooldirs.htm#Olney>

Upcoming Meets

14&U Jr. Olympic Championships – March 12-15.

This trials and finals meet will be held at the U. of MD.

Entries are done by coaches only.

Meet Announcement:

<http://pvswim.org/1920meet/20-75-ma.pdf>

RMSC Spring Finale – March 20-22.

This is the last short course meet of the season. The meet will be held at the Germantown Aquatic Center.

Entries are due no later than Friday, March 9.

Meet Announcement:

<http://pvswim.org/1920meet/20-76-ma.pdf>

Spring/Summer Registration

Spring-Summer 2020 Registration and Tryout Information has been posted online to www.rockvillemd.gov/rmsc. Please see the direct links below for the files and start to share this with RMSC families.

RMSC, Rockville Site Spring-Summer 2020 Registration Information Packet:

<https://www.rockvillemd.gov/DocumentCenter/View/38188/RMSC-Rockville-Spring-Summer-2020-Registration-Packet>

RMSC, Rockville Site Spring 2020 Tryout Information:

<https://www.rockvillemd.gov/DocumentCenter/View/38189/RMSC-Rockville-Tryout-Flyer-Spring-Summer20>

Weekend Practice Schedule

Friday, March 6:

All Groups: Regular Practice Schedule

Saturday, March 7:

ASG/SR/SD: No Practice

All Other Groups: Regular Practice Schedule

Sunday, March 8:

ISS: No Practice

All Other Groups: Regular Practice Schedule

